Combined Probus Club of Belrose Inc.



September 2020 Newsletter
Edition No 152

PRESIDENT'S REPORT

Members of the Combined Probus Club of Belrose

I trust you are all well and looking forward to returning to some activities.

The committee is working hard to bring life back to normal. Please keep an eye out for announcements about events.

On that note the walking group under the guidance of Helen Miles is going well and numbers are growing every month. Many thanks Helen. Warwick Brady has been inundated with shows starting up so once again watch this space

Please take up Liz Pawsey's suggestion and phone or contact someone in the club and have a chat, organise a coffee or an outing. We need to keep in contact and do what Probus is all about - Social/Fun.

Once again, I'm keen to get on with the job of enjoying Probus and look forward to meeting and seeing you all in the near future.

Terry Stewart

President

Combined Probus Club of Belrose Inc

CLUB CONTACTS

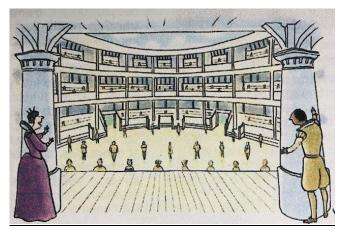
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ENTERTAINMENT

Warwick Brady (0418 793 684)

WARWICK'S ENTERTAINMENT REPORT



"It's another full house!"

Some good news at last, Glen Street Theatre is opening for three shows to be performed this year on a Minimum Basis only. Fortunately, we are able to attend all three of these shows. Tickets have been offered to us on a reduced basis only as there are only 145 tickets available out of a possible theatre capacity of 400. In each case we have reserved tickets however it is likely that any additional tickets won't be available.

The shows in question are:

Monday 14th September at 11.00 Poisoning Pigeons in the Park, Tom Lehrer rides again.

Featuring the very popular Glenn Amer and the engaging young Julian Kuo. All tickets for this show have been booked, so unless there are cancellations we will not be able to offer additional seating.

Anyone who has not yet paid for their tickets of \$26.00 each, please make payment as soon as possible. Either by paying direct to the Combined Probus Club of Belrose Account with Westpac Forestway or by bringing a cheque to Warwick Brady at 26 Roselands Avenue Frenchs Forest. Under no circumstances please don't attempt to pay direct to the Glen Street Theatre,

Monday 12th October at 11.00am A Morning with Karen Knowles

Karen Knowles is one of Australia's best loved and popular singers. Star of the musical Big River and lead singer with the Seekers in the early 1990's Karen started her career on Young Talent Time and became the highest selling Australian female artist for two consecutive years. Performing with one of Australia's most in demand Musical Directors Beverley Kennedy on Piano, Karen will take us on a glorious journey of music and memories.

Booking are now open and again we have only 30 seats. First In gets the tickets they require. No extension to the number of 30 tickets is being offered. Tickets cost \$26.00 each and again payment for this show is the same as for Poisoning Pigeons in the Park as above.

Wednesday 16th December at 11.00am
Love Will Keep Us Together starring Melissa Langdon and
Mark Jones.

Who can remember the fabulous What's New Pussycat we enjoyed so much at Glen Street last year. Well these performers are returning with a brand new show celebrating the smooth sounds of the 1970's and featuring artists like the Carpenters, ABBA, Olivia Newton John, Peter Allan, Elton John, The Little River Band, Carole King, Barbra Streisand, and Sister Janice Meade.

Sounds like fun, well don't delay make your bookings as soon as possible. Tickets again cost \$26.00 and payment is due by the 10th November at the very latest. Book early and avoid disappointment. No additional tickets will be available.

Wharf Review



Finally, it is essential that we finalise our booking for The Wharf Revue, Glen Street's most popular show and as it is the last shows for the Wharf Revue team, bookings are very heavy. We have bookings for 2 shows Wednesday 6th January at 8.00pm and the Matinee on Wednesday 13th January at 11.00am. Tickets for each show cost \$68.40. When making reservations please make absolutely certain which show you are booking for.

I will be seeking payment by 31st October at the very latest. I am still waiting confirmation from 14 members for tickets on the Opening Night, please advise me immediately if the tickets requested are still required. Again, I have a similar number for the Matinee on the 13th January. These tickets are in great demand and the theatre is awaiting my confirmation that they are still required by our Club. Please don't let me down.

Well at last I have some news for you and hopefully all shows now confirmed by the Glen Street Theatre will go ahead as planned. More news will follow about other big shows to be featured at the Capitol and Lyric Theatres in 2021.

Looks like the theatre will be very busy in 2021.

Regards,

Warwick Brady - Entertainment Officer.

HISTORIC WALKS

John Robinson (0438 456 808)

QUARANTINE STATION OUTING

Unfortunately, due to insufficient numbers the Quarantine Station tour will not occur. Hopefully when conditions are more amenable we will proceed.

John Robinson

LONG TOURS TRAVEL

Russell Allsop (0419 209 909)



MEMBERSHIP

Tony Lovett (0414 872 188)

We have 123 members and two, the Johnsons, awaiting induction. The next on the list is Moira Payne and there are 33 people on the waiting list

OUR MYSTERY MEMBER



PAGE 3 GIRLS IN HISTORY



No sex please - we're British!

SCRAPBOOKING

Liz Pawsey (0403 206 460)

Scrapbooking in the Pawsey Folly is able to practise "social distancing" safely for the group. There has been a change of date for this event. We will open the Folly up for Spring and have a Scrapbooking gathering on **MONDAY 21**ST **SEPTEMBER**. As usual the urn will be bubbling from 10.30am onwards. Stay as long as you like. Bring any craft project to work on and enjoy the friendly chatter!

Remember – Scrapbooking is cheaper than a Therapist!

Liz Pawsey

SOCIAL

Liz Pawsey (0403 206 460)

Unfortunately, nothing very new to tell you. We are still hopeful we will be going ahead with our Christmas Lunch. The latest news from the venue is that the restriction for Covid safe distancing has meant Terrey Hills Golf Club is limited to 70 diners at their functions. Unless there are changes to the Government restrictions, we will be operating under these conditions for our Christmas Lunch on 11th December 2020.

As mentioned last month, from **October 8**th (and NOT before) I will be taking bookings for this event. As there may be an actual physical Probus meeting around that time (a work in progress), I will have the usual booking sheet available as well as the usual online booking on the Club's

website. If all else fails, please email me on hastings.pawsey@bigpond.com or phone me (after 8th Oct) with your booking request. I will be keeping a strict record of name and date of bookings as it will be a matter of "first in, best dressed" for this event.

On a date in November I will be requesting payment from those who have made the cut.

Remember this function will be at **Terrey Hills Golf Club**, starting at **12 noon**. **\$65** per head (a welcome drink followed by a 2 course meal, tea & coffee)

If this function is cancelled because of a change in restriction of numbers, your payment will be refunded. However, all final numbers and payments must be finalised by 30th November.

May I please remind you of my special message from last month

As restrictions will remain in force for some time, may I encourage you over the next few months to arrange gettogethers with 2 or 3 fellow Probus members to have coffee, lunch or dinner at a local venue. This would be a great way to feel connected with your fellow Club members but not be breaking restriction laws. There are plenty of eateries nearby allowing small numbers to gather but prior bookings are essential.

Liz Pawsey - Social Coordinator

WALKING GROUP

Helen Miles (0407 078 963)

JULY WALK

19 members enjoyed a perfect Winter day for our July Walk in Duffys Forest. Although some of the track was very wet, we managed to negotiate it safely and were able to enjoy the early flowering wild flowers and view down to Bobbin Head for our cheese and biscuits. Eriostemon Australasius, Boronia species, Acacias, Grevillea Sericea and Buxifolia, Casuarinas and Epacris were some of the plants in flower.









SEPTEMBER WALK

Our September Walk is on Friday 25th and is part of the 2 Creeks Walk led by Ted Morton. Meet at Echo Point Car Park, Roseville at 9.30am. Directions to Echo Point Park are to cross the Roseville Bridge, take the first left turn (Malga Avenue) and turn left again into Babbage Road. Follow Babbage Road down to the parking by the Park. The walk is a bush track under Roseville Bridge, beside Middle Harbour and is about 2 hours return.

Helen Miles

WELFARE

Robyn Wood (0424 243 457)

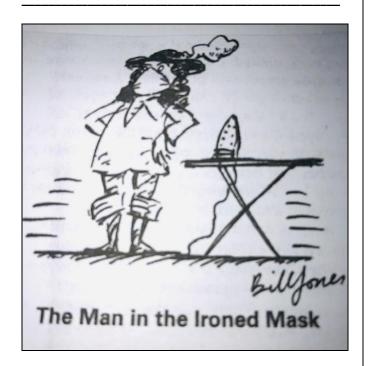
Thank you all for wearing your masks. Yes, this is the start of what is the new norm for our lives. It is so important for us and all our families. Masks are easy to wear and breathing through them is easier than breathing through a ventilator.

It is great to keep walking - first thing in the morning is best. We are just about to come out of winter. Yes, it has been cold especially with the recent Antarctic blast. Those of us who are doing our stretches and weights, keep going.

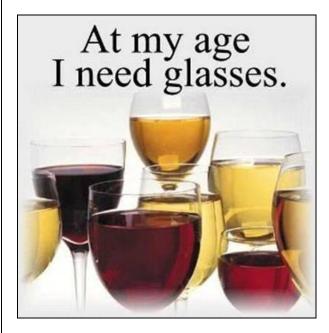
Maintaining our physical and mental wellbeing is very important. You might like to consider joining an exercise class online.

If you need to talk please phone.

Robyn Wood – Welfare Officer



Mike Staniland (0417 234 346)



And antioxidants from red wine!

WRAPS WITH LOVE

Margaret Hobson (0416 090 140)

Many thanks to all the Probus Knitters and their friends who have supplied a massive amount of blankets and squares.

Our Wraps team members have been very busy during Covid, crocheting and sewing squares together to produce 54 blankets.

Shown below are the 54 blankets which were handed over to Wraps.



This takes our overall total of blankets since 2012 to 877. A fantastic effort from all.

Margaret Hobson

TIME

Now that we have plenty of time we could fit in all of these things in hopefully.

John Robinson

TAKE TIME FOR TEN THINGS

- 1. Take time to work it is the price of success.
 2. Take time to think it is the source of power.
 3. Take time to play it is the secret of youth.
 4. Take time 4. Take time to read — it is the foundation of knowledge.
- Take time to worship it is the highway of reverence and washes the dust of earth from our eyes.
- 6. Take time to help and enjoy friends it is the
- source of happiness.

 7. Take time to love it is the one sacrament of
- 8. Take time to dream it hitches the soul to the stars.
- 9. Take time to laugh it's the singing that helps with life's loads.
- 10. Take time to plan it is the secret of being able to have time to take time for the first nine things.

SEPTEMBER BIRTHDAYS



Colin Chase	5 th September
Judy Morton	9 th September
David Tomlinson	11 th September
Pam Allan	18 th September
Warren Needs	18 th September
Brian Sandell	21 st September
Cherry Robinson	25 th September
Elaine Peck	27 th September
Chris Wood	28 th September

September 1, 1908 - Estee Lauder, founded cosmetics & fragrance company

September 1, 1923 - Rocky Marciano, champion boxer

September 1, 1946 - Barry Gibb, singer, songwriter, member of the "Bee Gees"

September 3, 1913 - Alan Ladd, actor, "Shane"

September 4, 1930 - Mitzi Gaynor, actress, singer, dancer

September 5, 1940 - Raquel Welch, actress

September 7, 1936 - Buddy Holly, singer, musician

RAY D'ARCY



Yesterday (Tuesday 25 Aug), Liz and I were privileged to be invited to the (limited numbers) funeral of Ray D'Arcy.

Ray and his late wife Maureen, were foundation members of our Probus Club, but my friendship goes back much earlier.

I (and some other Club members) first met Ray when his and our children attended Mimosa Public School and I joined its parent Grounds Committee. It was 1977. Ray was an excellent supporter of the Committee, though he rarely attended the many parent Working Bees. His value was his ability to contribute equipment required for the Bees. He was able to provide his own equipment or a fellow builder's. On the larger scale was the gift of a truck. There was the need to carry materials beyond the capability of parents trailers and Ray's question was simply "How big do you want?" - "about 5 tons" and the next weekend an appropriate one was available for one of the parents to collect and drive for the day (having the required licence). Our question was obviously, what will it cost, and his simple answer was, "just a bottle of scotch, left under the passenger seat will be fine - if you'd like to borrow it again". So, for the supply of a number of bottles of scotch, we had the use of a very suitable sized large truck to support our activities.

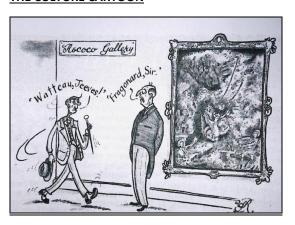
After our children grew up, our paths moved in different directions. When he and Maureen joined our Probus Club I renewed our friendship. They enjoyed Probus and attended many activities until first, Maureen's progressive illness reduced her attendance and later Ray had to resign due to his increasing illnesses. But I stayed in contact with Ray and had many coffees at our local cafes with him. During these meeting, I discovered another side of Ray, totally new to me. Though a builder was his primary career, he had other very different sides to him. He had a very broad and deep

interest in Science and its many enhancement of our lives and wellbeing. Also, he loved aircraft. How wonderful to discuss his interests, as both these two passions are very much mine as well. So, two years ago, I had the pleasure of taking Ray and his carer to thoroughly enjoy the "Wings over Illawarra" Airshow, held at the Albian Park Airfield, which is the home of the amazing HARS Aviation Museum. Though confined to a wheelchair, you could see the total enjoyments of seeing both the static and some of the flying displays.

Ray was a gem of a character with his directness, whit and humour with an abundance of energy for everything in life. He was a true Aussie rough diamond and will be missed by his two children and grandchildren and of course his many friends.

Hastings Pawsey

THE CULTURE CARTOON



And if you don't know your "Watteau" from your "Fragonard" all may be revealed on the next page – Culture Notes.

MALCOLM'S HISTORY REPORT



A memory for those of us who lived and worked in London in the 1960's.

"I could get a hot roast and 2 veg. for this and a cuppa tea"

Malcolm McLean

CULTURE NOTES

Sir Pelham Grenville Wodehouse KBE was an English author and one of the most widely read humourists of the 20th century. Born in Guildford, UK, the third son of a British magistrate based in Hong Kong, Wodehouse spent happy teenage years at Dulwich College to which he remained devoted all of his life.

P.G. Wodehouse Quotes.

"There is no surer foundation for a beautiful friendship than a mutual taste in literature."

"And she's got brains enough for two, which is the exact quantity the girl who marries you will need."

"The voice of Love seemed to call to me, but it was a wrong number."

"I could see that, if not actually disgruntled, he was far from being gruntled."

Ian Carmichael as English gentleman Bertie Wooster



Bertie Wooster and **Jeeves** have been described as "one of the great comic double-acts of all time". Bertie is the narrator and central figure of most of the Jeeves short stories and novels.

And then comes literature's most famous stage direction, "Exit pursued by a bear." All well and good, but here's the way I would handle it:

BERTIE: Touch of indigestion, Jeeves?

JEEVES: No, Sir.

BERTIE: Then why is your tummy rumbling?

JEEVES: Pardon me, Sir, the noise to which you allude does not emanate from my interior but from that of that animal

that has just joined us.

BERTIE: Animal? What animal?

JEEVES: A bear, Sir. If you will turn your head, you will observe that a bear is standing in your immediate rear inspecting you in a somewhat menacing manner.

BERTIE (as narrator): I pivoted the loaf. The honest fellow was perfectly correct. It was a bear. And not a small bear, either. One of the large economy size. Its eye was bleak and it gnashed a tooth or two, and I could see that it was going to be difficult for me to find a formula. "Advise me, Jeeves," I yipped. "What do I do for the best?"

JEEVES: I fancy it might be judicious if you were to make an exit, Sir.

BERTIE (narrator): No sooner said. than done. I streaked for the horizon, closely followed across country by the dumb chum. And that, boys and girls, is how your grandfather clipped six seconds off Roger Bannister's mile.

Watteau

Jean-Antoine Watteau, commonly referred to as Antoine Watteau, was a French painter whose brief career spurred the revival of interest in colour and movement, as seen in the tradition of Correggio and Rubens.

<u>Born</u>: 10 October 1684, <u>Valenciennes, France</u> <u>Died</u>: 18 July 1721, <u>Nogent-sur-Marne, France</u>

Fragonard

Jean-Honoré Fragonard (French: 5 April 1732 – 22 August 1806) was a French painter and printmaker whose late Rococo manner was distinguished by remarkable facility, exuberance, and hedonism. One of the most prolific artists active in the last decades of the Ancien Régime, Fragonard produced more than 550 paintings (not counting drawings and etchings), of which only five are dated. Among his most popular works are genre paintings conveying an atmosphere of intimacy and veiled eroticism.

Rococo style is characterized by elaborate ornamentation, asymmetrical values, pastel colour palette, and curved or serpentine lines. Rococo art works often depict themes of love, classical myths, youth, and playfulness.

THE ENGLISH

Mad dogs and Englishmen go out in the mid-day sun

If you are English, don't take offence. This joke is in the Australian physic ...like the Scots we love to bag the English.

I however I do on the other hand love all things British. I do love the English country pubs, the English comedy & slapstick humour & other things like....

- Having a Sunday roast dinner. ...
- Putting the kettle on. ...
- Biscuit dunking. ...
- Saying sorry. ...
- Cheering on the underdog. ...
- Eating a full English breakfast. ...
- Never jumping the queue.



With thanks to Malcolm McLean

DOGGIE REPORT

- Q. Why aren't dogs good dancers?
- A. Because they have two left feet



ON THE TREK - BANJO PATERSON

Oh, the weary, weary journey on the trek, day after day, With sun above and silent veldt below; And our hearts keep turning homeward to the youngsters far away,

And the homestead where the climbing roses grow. Shall we see the flats grow golden with the ripening of the grain?

Shall we hear the parrots calling on the bough?

Ah! the weary months of marching ere we hear them call again,

For we're going on a long job now.

In the drowsy days on escort, riding slowly half asleep, With the endless line of wagons stretching back, While the khaki soldiers travel like a mob of travelling sheep,

Plodding silent on the never-ending track, While the constant snap and sniping of the foe you never see

Makes you wonder will your turn come—when and how?

As the Mauser ball hums past you like a vicious kind of bee-

Oh! we're going on a long job now.

When the dash and the excitement and the novelty are dead.

And you've seen a load of wounded once or twice, Or you've watched your old mate dying—with the vultures overhead,

Well, you wonder if the war is worth the price. And down along Monaro now they're starting out to shear,

I can picture the excitement and the row; But they'll miss me on the Lachlan when they call the roll this year,

For we're going on a long job now.

"BANJO" PATERSON

Andrew Barton "Banjo" Paterson, CBE was an Australian bush poet, journalist and author. He wrote many ballads and poems about Australian life, focusing particularly on the rural and outback areas, including the district around Binalong, some 329 kms west of Sydney where he spent much of his childhood

Born: 17 February 1864, Orange **Died**: 5 February 1941, Sydney

JAPANESE COOKING for a longer life

Every day without fail my 65-year-old mother prepares a dish that many people would say looks, smells and tastes revolting.

Natto is a traditional Japanese food made from fermented soybeans. It has an ammonia-like smell and mucus-like consistency that make it polarising, even among people who grow up with it. A 2017 survey by Nifty, a Japanese internet service provider, found that only about 62% of Japanese people actually enjoy natto. It also revealed that 13% actively dislike the taste. Regardless, many eat it anyway because of the health benefits.



Natto is a fermented soy-based food that is often served with spring onion and raw egg.

"Natto is very stinky. You definitely notice the smell" said Yki Gomi, a Japanese chef who runs a cooking school in London. "But I always have it in my fridge". She says it's a staple in her home, the same way that cheese and yoghurt is readily available in many Western households.

The Japanese have long hailed natto as a superfood and believe that consumption is linked to improved blood flow and reduced risk of stroke – factors that are particularly appealing in a country that is home to one of the world's oldest populations. My mother often boasts that natto keeps her blood "sara sara" (silky). Japanese news site SoraNews24 has gone as far as to declare that "a pack of natto a day keeps the death away".

Hitoshi Shirakawa, professor of nutrition and food science at Tohoku University's Graduate School of Agricultural Science in Sendai muses this is "probably true".

CONVOVULOUS COMPETITION



Kevin and Judee Radford's Garden

OCTOBER NEWSLETTER

Geoff Jones (0412 420 213)

DEADLINE FOR ENTRY TO OCTOBER NEWSLETTER

If you would like to submit input for the October Newsletter, please do so by 25 September 2020. Input can be sent to me, the Newsletter Editor at geoffjones1874@gmail.com



The inaugural annual Probus Day will be celebrated on 1 October 2020.

1 October is also the United Nations International Day of Older Persons.

On 14 December 1990 the United Nations General Assembly voted to establish October 1 as the International Day of Older Persons. The holiday was observed for the first time on 1 October 1991.