



Liz's Lines



Didn't we welcome in Spring, so very well at the September meeting? Members looked fantastic with a variety of floral sprigs. Thank you for making the effort. A special thank you to the Morning Tea Team who decorated the tables so beautifully. Even our guest speaker, Matt Murphy "leapt into Spring" during his presentation, albeit accidentally! We certainly learnt a lot about the effect Rum had on the early years of the colony from Matt's research and humorous style.

Hastings and I have returned from 2 weeks' holiday, driving to Melbourne and back, catching up with family and friends. On our first day (Friday 9th Sept), we woke up in Bermagui to the news that Her Majesty the Queen had died. Even though she was 96 and her death was not unexpected, it still came as a shock. Her timing, as usual, was impeccable as she had just welcomed

in her new Prime Minister, Liz Truss, and probably felt her work was completed. She was indeed a remarkable woman – the likes of which we will probably never see again. The second Elizabethan Era has ended – what will King Charles III's Era be called?

In between our very enjoyable time of socializing in Melbourne, we attended a digital immersive exhibition of Van Gogh's paintings at the Exhibition Centre. It is almost impossible to describe but suffice to say, Hastings and I were there for over 3 hours "absorbing and observing" while being surrounded by classical music. At the end of October, the art of Monet will replace the art of Van Gogh for the next 12 months. We'll certainly be including this next one in our next visit to Melbourne.

Another surprise for me, was an invitation to accompany my brother to the Marvel Stadium (the Docklands) to watch Australia attempt to outsmart New Zealand in the Bledisloe Cup. It really looked like Australia was going to be successful but ended up losing by 2 points, gained in the last minute of the game – just heartbreaking! Let's see if the Sydney Swans put on a better show last Saturday. By the time you read this, you'll know the result!

So now we are ready for more exciting Probus events, planned so well by your various Committee members. We have more eateries to try, theatre to experience and a harbour cruise to enjoy! Lots of social activities providing plenty of Fun, Friendship and Fellowship!

Don't forget 1st October is the start of a new concept, Probus Month and we are asking you to come to the next Probus Meeting on 13th October proudly wearing the Probus colours of yellow and blue. You all did so well wearing the floral sprigs, let's see how you go with this challenge!

Look forward to seeing you during October.

Love

President Liz



*Spring Flower Display -
September Meeting*



*New club members inducted at
September meeting - (President
Liz), Jan Benic, Lesley and Bill
McQuire*

COMMITTEE MEMBERS 2022/2023

President	Liz Pawsey
Past President	Terry Stewart
Vice President	Ros Thompson
Secretary	Lesley Walker
Treasurer	Colin Fordred
Assist Treasurer/	
Assist Secretary	Mike Staniland
Entertainment	Warwick Brady
Guest Speakers	Jan Staniland
Membership	Tony Lovett
Newsletter	Jenny Jones
Social	Margaret Lovett
Tours/Outings	Margaret Ayre
Welfare	Robyn Wood

To send a message, comment or suggestion to the committee, please email our club email address:

Combinedbelroseprobus@gmail.com

CLUB SUPPORT 2022/2023

Art Appreciation/	
Historic Walks	John Robinson
Auditor	Bill Hardman
Book Exchange	Judy Morton
Cinema Group	Gloria Attwooll
Hospitality	Jane White
	Barbara Moxham
Reception	Warren Needs
Room Set-up	Malcolm McLean
Walking Group	Helen Miles
Website Admin.	Ross Swadling
Wine Apprec,	Mike Staniland
Wrap with Love	Margaret Hobson

PAYMENTS NOW DUE

JACARANDA CRUISE THURSDAY 3RD NOVEMBER 2022

If you have registered for this cruise but have not yet paid, please deposit \$35 per person into our club's bank account.

There are a few empty places on the boat. If you are still thinking of going please register on our club website.

2022/3 MEETING DATES

General Meetings - Thursdays 10am

13 October
10 November
8 December
12 January
9 February
9 March (Annual General Meeting)

Committee Meetings - Thursdays 9.30am

27 October
24 November
No meeting in December
19 January
23 February
23 March

President: Liz Pawsey 0403 206 460
Secretary: Lesley Walker 0404 828 261
Treasurer: Colin Fordred 0411 757 156
Newsletter: Jenny Jones 0405 310 537
Club Website: <http://www.belroseprobus.org.au>

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BOOKING CLUB ACTIVITIES AND PAYMENT

TO BOOK CLUB ACTIVITIES

- Register online via our club website
<http://www.belroseprobus.org.au>
or
- During meetings at the back of the hall, Warwick Brady (entertainment), Marg Lovett (social) and Margaret Ayre (outings) will be happy to take your details for club events.

PAYMENT

Preferred method of payment is EFT. VERY IMPORTANT - Please ensure that you include your surname and event name in the description section of your EFT payment or (if you cannot do this) send an email to the event organiser to notify them of your payment. Print the "transaction receipt" and give one copy of it to the event organiser.

Our club bank details are:

Combined Probus Club of Belrose
BSB: 032123
Account No: 325864

If you need to pay in cash please place in an envelope for each event with your name on the front and give it to the event organiser. Separate payments in separate envelopes please.

Preferably no cheques please.

MORNING TEA

Jane White (9453 3114)

Barbara Moxham (0407 992 476)

Morning Tea Roster

<u>13th October</u> Clare Bassett Val Gibbs Carole Stewart	<u>10th November</u> Cherry Robinson Merle Fox Di Pill
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Please note that church regulations require that morning tea volunteers wear a mask and gloves.

Volunteers - please arrive by 9.15am. Please contact Jane or Barbara if you have a cough or are feeling unwell so we can find a replacement for you.

BOOK EXCHANGE

Judy Morton (0412 235 400)



Please, no more than one book per member to be brought to the table and to be taken back if no one has taken it by the end of the meeting. PLEASE NO MAGAZINES, NATIONAL GEOGRAPHICS (OR SIMILAR)

SOCIAL

Margaret Lovett (0414 872 189)

It is hard to believe we are heading into the final months of the year !!!

Our visit to the Dee Why RSL Club on Thursday 29th September was enjoyed by 32 members of our Club. The venue and food received positive comments and all seemed comfortable in the Courtyard area. I find it pleasing to see new members making an effort to attend even though they know few people. That is what makes our Club so special.

27TH OCTOBER CLUB BELROSE

October is going more local with a visit planned for Club Belrose at Belrose Bowling Club **on 27th October**.

Lunch is booked from 12 md and we have an area in the Andove room which will be a little quieter than the main dining room (that is until we arrive !!!). Lunch will be pay as you go and ordering will be from the A La Carte menu. Drinks at own expense.

13TH DECEMBER CHRISTMAS LUNCH

Our Xmas Lunch is on the **13th December** which is on Tuesday (in case I haven't mentioned it). Prices will be announced in the next newsletter.

Marg Lovett
Social Coordinator

ENTERTAINMENT

Warwick Brady (0418 793 684)

I STILL CALL AUSTRALIA HOME

Our next show is " I Still call Australia Home " a show to be presented by the Australian Tenors at **Glen Street Theatre on Friday 7th October**. Once again Glen Street have advised me that they have a full house, so please don't be late. **The show will commence at 7.00pm**. Yes that's right don't plan on having dinner at Glenrose Japanese Restaurant or Stella Blue after 5.00pm or you could miss part of this long-awaited show. Thanks for responding to my advice in our last Newsletter, we were able to collect 8 additional seats increasing our numbers to 42. This is the last show for Glen Street in 2022. I have asked many times but there is no Christmas Show this year planned as yet.

THE MOUSETRAP

After waiting for the show "The Mousetrap" which has been running in London for 70 years we will have our chance to see this show on **Wednesday 19th October at the Theatre Royal in King Street Sydney commencing at 1.00pm**. Once again I was able to increase numbers from 22 to 31. The Theatre Royal is a very comfortable theatre now having been rebuilt, but be careful about parking, don't be late. If possible a bus or a ferry is a better way to get to the theatre.

Speaking of the Theatre Royal one of the very best shows we saw in 2021 "Come From Away" is returning to Sydney in November. We had the privilege of seeing this show when it first was staged at the Capitol Theatre. The response from our patrons was absolutely wonderful, everyone who went gave me a fabulous report. If you are looking to buy some great Christmas present for members of your family or friends in Probus you could not get a better present than tickets to this show.

It looks like "The Mousetrap" could be the last show for 2022. I have tried to get shows at Chatswood but so far have been unsuccessful. We have booked tickets for 14 shows in 2022, unfortunately one of these shows the Wharf Revue was cancelled when 3 members of the cast of 4 came down with Covid. Still our total attendance for the year was 481.

I have been invited to Glen Street when the programme for 2023 is decided, should be in November. Hopefully we can make our bookings as soon as possible. Big shows on our books for 2023 in the city include "Simply the Best " the Tina Turner Musical. and possibly "Joseph and the Technicolour Dreamcoat" depending on the cast. Also the "Wharf Revue" will definitely be on at Glen Street, with dates to be decided.

To all members who have come with me during 2022 thanks for your fabulous support. We look forward to the year ahead in 2023.

Kind regards,
Warwick Brady
Entertainment Officer

GUEST SPEAKERS

Jan Staniland (0409 455 652)

SEPTEMBER MEETING GUEST SPEAKER - MATT MURPHY,



Matt Murphy and Roger Morrow

Matt Murphy delivered an interesting and informative chat on how “Rum” influenced the early settlement of the colony when “rum” was effectively, the currency of the day.

Australian School students learnt about the Rum Rebellion, but Matt filled the members in with additional facts, both the good and the bad that made us what we are today.

One of the highlights of his presentation was his exciting impromptu physical act and I am pleased to say no one was injured in undertaking this amazing feat.

In my vote of thanks, it was noted that “rum” was still a medium of exchange some 200 years after the Rum Rebellion, as the Club presented Matt with the bottle of fine wine in appreciation of giving up his time and the presentation.

Roger Morrow

By all accounts most members seem to have enjoyed last month’s speaker Matt Murphy who entertained members so I believe! I have since heard from him from Istanbul saying he really appreciated the ‘lively’ audience and would like to return with his latest book when it is published. Special thanks to Roger Morrow who looked after him in my absence and also delivered the Vote of Thanks.

Jan Staniland

OCTOBER MEETING GUEST SPEAKER - JULIA POOLE

Dr Julia Poole PhD, RN, Mst Health Man, Grad Cert Gerontology, Grad Cert Mental Health Old Age.

In 2017 Julia finally retired after a 40 year nursing career which included a PhD study aimed at improving the care of older patients in acute care who exhibited behavioural symptoms, such as confusion. Post retirement her interest in behaviour continued through a growing awareness of the domestic violence and abuse ‘pandemic’. This was triggered by Natasha Stott Despoja’s essay ‘On Violence’ in which she described the alarming facts. When asked the question “What can we do”? her reply was “Something!”

Consequently, Julia sought that ‘something’ by participating in a Griffith University MATE course (Motivating Action Through Empowerment) on the Bystander Approach to the Prevention of Domestic Violence

Jan Staniland
Guest Speaker Coordinator

TOURS AND OUTINGS

Margaret Ayre (0423 302 069)

BASS & FLINDERS GEORGES RIVER LUNCH CRUISE

The Bass and Flinders cruise on the Georges River was a great outing according to the feedback I've had from our members.

We had a perfect day weather wise as well as good company, food, and scenery. The homes around the shores of the Georges River were amazing.

Please see photos on page 13.

Margaret Ayre

JACARANDA CRUISE THURSDAY 3RD NOVEMBER 2022

Our next outing is the Jacaranda Cruise on Thursday 3rd, November 2022



Berrima - 1955 Motor Launch

The cruise starts and finishes at the Australian National Maritime Museum wharf.

Minimum of 18 persons, Maximum 25 persons, still availability for the cruise
Price \$35pp

The guides will meet our group at:

- 9.45 am for AM cruise and
- 12.45 pm for PM cruise

at the Two Anchors in the paved area outside the Australian National Maritime Museum main doors, at the western end of Pyrmont Bridge, Pyrmont.

Group members SHOULD ARRIVE at Pyrmont 15-20mins before the above listed times.

Passengers to wear sturdy covered footwear. It is advisable to bring a light wind jacket, a sunhat or rainwear, as appropriate, and your own water bottle.

See Jacarandas in bloom where they are most concentrated, along the shores of the Lane Cove River.

For a short time every spring our historic launch Berrima voyages across Sydney Harbour to cruise the lower Lane Cove River so that you can view the purple tide of Jacaranda trees blooming in the gardens of Hunters Hill and the North Shore.

These gardens seen from the water give you an uninterrupted view of the shoreline as it was envisaged by some of the founding fathers of Hunters Hill, the Jouberts, who handed out trees in the 1860's for the early inhabitants to plant in their gardens to enhance the new suburb.

Highlights:

*Discover the hidden winding entrance to the Lane Cove River and the Humbug.

* We pass Northwood Bay a favourite subject of Lloyd Rees paintings.

* See Mary Reiby's Figtree house still standing on the bank of the river.

* Hear about the ongoing conflict between convict sawmillers and farmers and the Aboriginal resistance fighters.

* We visit Woolwich where the change from a heavily industrialised harbour shoreline to public parks and premier residential areas has left sites such as Mort's Dock cut into the sandstone cliffs.

Transport:

· Walk from Town Hall station across the historic Pyrmont Bridge (15 min).

· Darling Harbour ferry from Wharf 5 at Circular Quay and alight at Pyrmont Bay.

· Light Rail from Central station or Dulwich Hill and alight at Pyrmont Bay.

· Bus No 389 which runs from Bondi Junction to Pyrmont and goes through the city via Park St. (<https://transportnsw.info/routes/details#/sydney-buses-network/389/31389>)

· Parking at Harbourside Car Park, Murray Street. When booked on one of our sails you are eligible for discounted parking. To claim your discount, please

go to the Main Reception of the Australian National Maritime Museum Building during open hours and ask for your ticket to be validated.

Please note: There is no toilet available on board.

Please don't forget to bring your Probus Medical Cards with you on outings

OUTINGS FOR NEXT YEAR

- 1 February 2023

Western Sydney International Airport & Historic Camden with On Course Tours Price around \$80 pp.

- 2 March 2023

Alpacas, Cider and Pies outing in the Lower Blue Mountain area with Nomad Coach Tours

- 29 April 2023

7 Day tour to Moree, \$1150 pp Twin Share, \$300 single supplement with Nomad Coach Tours (Please see information on following two pages)

A deposit of \$50pp will be required.

Margaret Ayre
Tours and Outings
Margayre1@gmail.com



7 DAY MOREE TOUR
\$1150 TWIN SHARE
\$300 SINGLE SUPPLEMENT

Day One – Leaving Sydney, we Travel through Muswellbrook, Gunnedah, and Narrabri to Moree "The Artesian Spa Capital" where we will stay for the next six nights. We will have comfort stops along the way for morning tea and lunch.

Day Two - Today we have a nice leisurely day in and around Moree the town itself. We enjoy a tour of Moree and learn of the history and the important part Mary Bland along with her husband, (who opened the first store in 1852), played in the beginning of the town. Our tour will also show us some of the historical buildings which remain after the town was submerged on a number of occasions and ravished by fires.

We visit the Visitors Information Centre where among other things of interest, you will find locally grown produce that you can purchase. We next visit the Mehi Gallery and Studio formed by a group of Aboriginal students from the Moree area. We may find some of the artist hard at work, their artworks use traditional and contemporary Aboriginal concepts, designs and techniques. Lunch today will be at the Motel.



Free time this afternoon to relax and enjoy the health-giving waters of our Motel's own private Artesian Spa or take a stroll around the town.

Day Three - Our travel's today takes us to the Opal Mining township of Lightning Ridge. Lightning Ridge is the only place in Australia and one of the few places in the world where the precious and highly prized black opal is found. We will have a fun day learning all about opals. A tour around the town will show you how the other side live in their wild and unruly places surrounded by a moonscape of mullock humps where people fight against horrendous climatic conditions in search of the precious gemstones.

After lunch enjoy a visit to Chambers of the Black Hand, both a collection of sculptures, hand carvings, paintings all hand carved in the sandstone walls of an underground mine. There are endless rooms filled with unique paintings and carvings. There is something for everyone from AFL stars through to politicians, the Egyptian room, the Disney superheroes, the aboriginal room, the African bush animals and many more.

If time permits a visit to John Murray Art Gallery one of the outback's favourite painters or some free time to wander the shops. Reboarding the coach we travel back to Moree for our overnight stay and a well-deserved relax in the Artesian Spa.

Day Four - Pecan Nut Farm and Pallamallawa Village Agriculture emerged on the fertile flood plains and is now one of the most vital industries in the region. This morning we enjoy a visit to the Pecan Nut Factory, the largest and most productive Pecan Nut Plantation in the Southern hemisphere.

Then we heading to Pallamallawa Village, the rural township of Moree, a home to the most impressive War memorial in the district, after lunch at Pally, we return to the motel and free to enjoy the artesian pool or maybe go for a stroll.



Day Five - Today we travel to Cranky Rock Nature Reserve a jumble of giant boulders heaped in the most fantastic positions by a past volcanic upheaval. We suggest for those active passengers a walk to the viewing platform before enjoying morning tea.

Re-joining the coach we travel to the lovely town of Inverell, situated on the Macintyre River. Mining has been a staple industry in the area since 1870 with tin, sapphires, zircons and diamonds being commercially exploited. Here an interesting visit to the Pioneer Village to view the history of the area.

Visit the Information Centre and a guided tour of the town before heading back to Moree.

Day Six - A Day tour over the NSW- Queensland border to Goondiwindi. Goondiwindi boasts beautiful tree - lined streets, well-kept gardens and the Macintyre River, whose beauty is one of their greatest assets. Goondiwindi is the commercial hub of a vast agricultural and pastoral sector which produces cotton, grain, wool, beef, lamb and pork for domestic and overseas markets.

On arrival enjoy morning tea in The Water Park, we are joined by our local guide who gives us a quick tour of the town followed by a tour of Goondiwindi Cotton's cotton farm. See how the farms are laid out, learn all about cotton growing and the local cotton industry, see where some of the best cotton in the world is grown, view some of the large machinery and irrigation systems used on the farm to harvest the cotton.

Next is lunch than some free time in Goondiwindi to explore the Visitors Information Centre. Opposite the centre stands the statue of racing legend Gunsyn of which Goondiwindi was home. Take a look at the historic Border Bridge which was built in 1914. The Bridge spans the Macintyre River and was the main hub for freight crossing the border between New South Wales and Queensland where duties were collected by Customs. View Customs House (entry at your cost) or maybe just wander the shopping centre.



After an enlightening day we head back to Moree for our overnight stay.

Day Seven - Today we must say goodbye to Moree and its beautiful surrounds and head for home.

For more details on this tour or to book a date please call George Chiu from Dragon Phoenix Resort on 0452 629 599 / 02 6752 5555 or email info@dragonpheonix.com.au

Alternatively, please contact Mandy from Nomad Coach Tours on 0401 632 882 or email mandy@nomadcoachtours.com who will be able to assist you.

WALKING GROUP

Helen Miles (0407 078 963)

Sadly our September walk was again cancelled due to the adverse weather forecast.

Our proposed **October walk, on Friday 28th**, was to have been in Centennial Park but due to all the wet weather the ground there could be very sodden so we are again hoping to walk Coogee to Maroubra (weather permitting)

Meet at the Glenrose bus stop at 9.10am for the 9.17am City bus. We then catch the Light Rail to Randwick outside the QVB Building followed by a bus to Coogee. After coffee at the Kiosk on Coogee Beach we head off along the Coastal Walk to Maroubra.

Unfortunately there is a section away from the coast around Lurline Bay which involves a steep hill, 3 blocks of street walking along Malabar Road, then downhill to rejoin the Coastal Walk. Anyone finding this too long or strenuous can catch a bus to Maroubra along Malabar Road.

We are planning to have lunch at the Marini Cafe before catching a bus back to Kensington, Light Rail to QVB and bus to Glenrose. There is also the option of a bus from Maroubra to Circular Quay, ferry to Manly then bus to Glenrose

This will be a full day outing.

Helen Miles
Walking Group Coordinator

WELFARE

Robyn Wood (0424 243 457)

Dementia Australia has created an app. called Ask Annie which has self-paced learning modules to help carers assist with caring for people with dementia. Australian filmmaker Nia Pericles, whose mother has dementia has also provided family videos for the app. to provide real life experiences that she hopes will assist others.

Jan Staniland looks well although she has still has a few sore spots after her fall at home. It takes time for the muscles and skin to return to normal. We do not bounce back like we used to.

A few of us are having surgery. Please let us know how things are going - it is great having our hospital so close. Getting better by the week everyone says.

Take care.

Robyn Wood,
Welfare Officer



WRAP WITH LOVE

Margaret Hobson (0416 090 140)

Another great effort with squares and finished wraps. A big thank you to our Probus members and their friends.

Our total increased by 17 wraps to 1,247 since our group started.

Shown below are some of the wraps.

**Margaret Hobson
Wrap Coordinator**



October Birthdays



- 1st Kevin Radford
- 2nd Alan Bennett
- 3rd Doug Davidson
- 4th Raymond Gray
- 4th Dennis Miles
- 5th Malcolm McLean
- 10th Lyn Cameron
- 11th Tina Hewes
- 16th Marsha Fordred
- 17th David Barnes
- 25th Phil Allan
- 26th Margaret Knorr
- 30th Janet Macaskill

*BASS & FLINDERS
GEORGES RIVER
LUNCH CRUISE*

*Photographs courtesy of
Margaret Ayre and
Hastings Pawsey*



Sandstone and Step



Tom Uglys Bridge



Sylvania Waters



Lorna, Liz and Tonia



Gloria and Rosemary



Judy, Phil, Marg and Warwick



Judy, Jean and Marg



Pam and Helen

