



October 2025 Newsletter
Edition No 213

CLUB PRESIDENT
MIKE HARTNELL



Greetings everyone!

Welcome to October, so named because it was the 8th month of the year (octo = 8).

The Roman calendar used to have only 10 months. They chose good names for the first 6 months, but then their imagination must have waned because they called the others Sept (7th month) Octo (8th month) Nov (9th month) and Dec (10th month). In about the 700's BC they added two months to the end of the year (January and February) to try to make the number of days in the year

conform with the time it took the earth to go around the sun. Later they changed the year to start in January instead of March and this put the month names out of whack.

We still have the same people working for us. The Department of Main Roads (DMR), has become the Department of Motor Transport (DMT), then the RTA then the RMS.

The good news is – all of them will be looking after us as we head off for our road trip to the Zig Zag Railway and Mudgee. So our select group of intrepid travellers will all be kept safe and well and have a great time.



The first official Probus Day in 2020

October is Probus month and Probus South Pacific has asked all clubs to do something different and special to celebrate. One thing they suggested was to change our seating around for one general meeting, especially to help newer members meet some of the long time members to help them mix and assimilate better. We are always up for a challenge, so let's give it a go.

For the first half of the October General Meeting we'll all be given a table number to go to and we'll have a chance to mix with new people.

Challenge yourself to meet and befriend at least two people you don't normally sit with and if they are new members or visitors, to welcome them to your world. Might be the start of good friendships.

After morning tea we can either go back to our usual tables, or stay with our new friends. It's only for the one month, but if you can make someone feel more welcome in our club you've done a great job.

Check out our calendars in this newsletter for all the other October opportunities and look forward to fine dining and chocolateering in November.

Thought for the month

Always look on the bright side of life !

Look forward to seeing you soon

Mike

CLUB CONTACTS

President: Mike Hartnell 0419 717 382
Secretary: Alison Soutter 0400 525 700
Treasurer: Brian Soutter 0410 603 050
Newsletter: Jenny Jones 0405 310 537

Club Website:

<http://www.belroseprobus.org.au/>

Club Email Address:

combinedbelroseprobus@gmail.com

COMMITTEE MEMBERS 2025/2026

President	Mike Hartnell
Past President	Peter Moxham
Vice President	Margaret Ayre
Secretary	Alison Soutter
Assist Secretary	Liz Pawsey
Treasurer	Brian Soutter
Assist Treasurer	Colin Fordred
Entertainment	Warwick Brady
Guest Speakers	Cherry Robinson
Membership	Tony Lovett
Newsletter	Jenny Jones
Social	Megan Hartnell
Tours/Outings	Mike Hartnell
Welfare	Robyn Wood

CLUB SUB COMMITTEES 2025/2026

Audio Visual	Terry Stewart
Honorary Auditor	Chris Wood
Birthday/	Ros Thompson/
Lucky Door	Mike Hartnell
Book & Jigsaw	
Exchange	Judy Morton
Book Club	Sandy Cameron
Cards & Games	Ros Thompson/
	Di Pill
Cinema Outings	Gloria Attwooll/
	Rosemary Daly
Coffee Mornings	Ros Thompson and
	Di Pill
Hospitality	Di Pill
Mahjong Group	Sandra Murphy
Photographer	Peter Loveday
Reception	Warren Needs
Returning Officer	Mike Gibbs
Walking Group	Helen and Dennis
	Miles
Website Admin.	Ross Swadling
Wine Apprec.	Mike Staniland
Wrap with Love	Lesley Walker
	Liz Pawsey
	Merle Fox



OCTOBER 2025

7 th	Book Club
8 th	Mahjong
8 th	Cards and Games
9 th	General Meeting, 10am - Forest Hotel 5 Frenchs Forest Road E. Frenchs Forest 2086
13 th	Breakfast/Coffee Morning
11 th -14 th	Zig Zag Railway/Mudgee Tour
16 th	Magical Mystery Tour
18 th	Glen Street Theatre - Some Enchanted Evening
20 th	Glen Street Theatre - Bach to Broadway
22 nd	Mahjong
22 nd	Cards and Games
23 rd	Committee Meeting
31 st	October Walk

NOVEMBER 2025

6 th	Picnic – St Ives Showground
6 th	Lunch - Little Snail, Pyrmont
9 th	Glen Street Theatre - Music of the Night
11 th	Book Club
12 th	Mahjong
12 th	Cards and Games
13 th	General Meeting - Forest Hotel 5 Frenchs Forest Road E. Frenchs Forest 2086
20 th	Gosford Chocolate Factory
26 th	Mahjong
26 th	Cards and Games
27 th	Committee Meeting
28 th	November Walk

BOOKING CLUB ACTIVITIES AND PAYMENT

TO BOOK CLUB ACTIVITIES

- Please register online via our club website
<http://www.belroseprobus.org.au>
- or
- During meetings at the back of the hall, Warwick Brady (entertainment), Megan Hartnell (social) and Mike Hartnell (outings) will be happy to take your details for club events.

PAYMENT

Preferred method of payment is EFT.
VERY IMPORTANT — Please ensure that you include your surname and event name in the description section of your EFT payment or (if you cannot do this) send an email to the event organiser with a copy to the treasurer to notify them of your payment. Print the “transaction receipt” and give one copy of it to the event organiser and another to Treasurer Brian Soutter.

Our club bank details are:

Combined Probus Club of Belrose
BSB: 032123
Account No: 325864

If you need to pay in cash please place in an envelope for each event with your name on the front and give it to the event organiser. Separate payments in separate envelopes please.

Preferably no cheques or cash please.

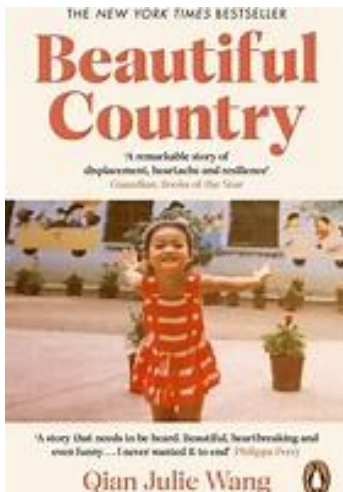
BOOK CLUB

Sandy Cameron (0417 829 449)

Our latest book.

"Beautiful Country: A Memoir of an Undocumented Childhood."

Written by Quian Julie Wang



It is about the hardships endured when she and her parents arrived in the United States from China without appropriate paperwork. Her parents were highly educated but unable to work in their fields of expertise. Instead they had to take on many menial jobs.

It is written from what she remembers from the age of seven and is only about her early life in America. Some of our readers would have liked to know more about her later life. Others felt it gave a good description of what immigrants cope with in a new country.

The writer became a successful lawyer.

Di Pill

Book Club Member

BOOK & JIGSAW EXCHANGE

Judy Morton (0412 235 400)

Please, no more than one book per member to be brought to the table and to be taken back if no one has taken it by the end of the meeting. Jigsaw puzzles may also be exchanged.

On the table there is also a "suggestion box". Your comments and suggestions are always welcome.

Judy Morton

Book Exchange Coordinator

Mobile: 0427 235 400

Email: judy.morton@hotmail.com

BREAKFASTS/COFFEE MORNINGS/PICNICS

Ros Thompson (0416 086 766)

Di Pill (0403 003 639)

BREAKFAST/COFFEE MORNINGS

September coffee morning

A lovely time was had by all the ladies who attended. Great conversation and fellowship. We are hoping some of our men will gather at Imbue in October for excellent coffee and a chat.

October coffee morning

Our next breakfast/coffee morning will be on **Monday 13th October** at the same time and location.

Ladies at Acacia Glenrose.

Men at Imbue Cafe cnr Yindela and Pound Ave Davidson **9:30 AM**.

Please contact Ros or Di by phone, text or email if you would like to attend.

OUR RELAXING PICNIC

The next Picnic at St Ives Showground is **Thursday 6th November at 10:00 am.** Parking near the Black Knight Cafe. Please bring a chair. Coffee and snacks available from the café or bring your own

We are looking forward to a great catch up and fellowship with everyone.

Sign up at next meeting.
Take care, **Di and Ros.**

CARDS AND GAMES

Ros Thompson (0416 086 766)
Di Pill (0403 003 639)

Dates for October
Wednesday 8th
Wednesday 22nd

At : Forest Kirk Church Hall,
Fitzpatrick Avenue, French Forest.
Time: **9:30am to 12:00pm.**

You are most welcome to come part of the time. It's a great time for a chat and fellowship. You're welcome to bring a friend or a favourite game. We look forward to seeing you.

Di Pill

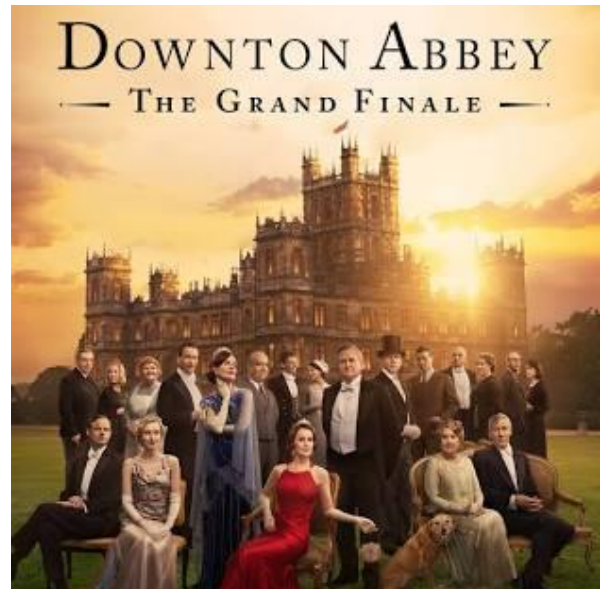
Mobile: 0403 003 639
Email: dp1926@optusnet.com.au

Ros Thompson

Mobile: 0416 086 766
Email: rosthompson@yahoo.com

CINEMA/MOVIE GROUP

Rosemary Daly (0403 238 341)
Gloria Attwooll (0430 215 536)



On Tuesday 16th September 8 people attended the screening of "Downton Abbey, The Grand Finale" at Warriewood cinema & it was thoroughly enjoyed by all of us. The wonderful acting by all the cast, the beautiful costumes & settings & the nostalgia & storylines did not disappoint & it is quite sad that this brings to an end a wonderful series.

This movie is set in 1930 with changing times & attitudes, and mainly focuses on the financial stress following the 1929 Stockmarket crash, deep public scandal over divorced women & the class differences between the Aristocratic families & their loyal staff & servants & of course, much more. A 10 out of 10 movie !

We also all enjoyed a good chat over coffee & a light lunch afterwards.

Rosemary Daly

ENTERTAINMENT

Warwick Brady (0418 793 684)

SOME ENCHANTED EVENING

Some Enchanted Evening - a theatrical celebration of Broadway's Golden Age under the Musical Direction of Glenn Amer accompanied by a full orchestra. The programme includes hits from South Pacific, My Fair Lady, Carousel, Man of La Mancha, West Side Story and more. There is only one Show on **Saturday 18 October at 2.00pm. Tickets cost \$45.00.**

BACH TO BROADWAY

A great Morning Musical "Bach to Broadway" through the Classical Music of Bach, Beethoven and Mozart to the hits of Broadway, such as - Phantom of the Opera, West Side Story, Chicago, Beauty and the Beast, Boy from Oz and More. Our Show is on **Monday 20th October at 11.00am. Ticket are \$30.00 per each.**

MUSIC OF THE NIGHT

Andrew Lloyd Webber's production of "Music of the Night" includes melodies of Phantom of the Opera, Jesus Christ Superstar, Joseph and his Technicolour Dreamcoat, Les Miserables, Sound of Music, Miss Saigon, Jersey Boys and Boy from Oz among others. Enjoy the best Musical Theatre on **Sunday 9th November at 2.00pm. Ticket Price of \$75.00 should already have been paid.**

Warwick Brady

Entertainment Officer

Mobile: 0418 793 684

Email: warwickandlorna@yahoo.com

GUEST SPEAKERS

Cherry Robinson (0438 186 584)

SEPTEMBER SPEAKER



Trish Chapman, representative from Trade Travel with Ted Morton.

Our September speaker Trish Chapman from Trade Travel told us about their trips, and of some of the extras to make it more personal with a guide in addition to the driver, numbers limited to under 30 and lunches at times supplied by local community groups. There was a good response to the suggestion of a bus trip to S.E. Queensland next year.

OCTOBER SPEAKER

The October speaker is Chris D'Arcy from Search Dogs Sydney who will have a dog with him and will explain their participation in finding lost persons.

Best Wishes

Cherry Robinson

Guest Speaker Coordinator

Mobile: 0438 186 584

Email: cherryrobinson259@gmail.com

MAHJONG CLUB

Sandra Murphy (0457 388 325)

We continue to meet on the **second and fourth Wednesday of the month at 9.30am** in The Forest Kirk Church Hall, Fitzpatrick Avenue, French Forest.

Experienced players as well as beginners most welcome. We pack up at noon after having fun playing Mahjong and chatting over coffee. Would love to see you next month.

Sandra Murphy

Mahjong Coordinator

Mobile: 0457 388 325

sandramurphyfoz@yahoo.com.au

SOCIAL

Megan Hartnell (0402 102 055)

LUNCH AT THE LITTLE SNAIL



Lunch at The Little Snail 50 Murray Street Pyrmont Thursday **6th November at midday**

What a great response ! We have 44 people registered for this lunch ! Please pay **\$48 per person** for your 3 course lunch into the Club account by 30th October. Drinks are extra and you can pay for those as you order on the day.

Transport Option 1

Take the 271 bus at 10.15 am from Glenrose Shopping Centre to the QVB. Then it's a leisurely walk (15 mins via Market Street) over the Pyrmont Bridge at Darling Harbour. The Little Snail is at the end of the bridge on the left . Return to Glenrose on the 271 bus at 2.45pm , 3.15pm or 3.45pm

Transport Option 2

For those who are unable to walk you can take a train or metro to Central Station and then the light rail runs down to about 50 metres from The Little Snail.

CHRISTMAS LUNCH AT THE CROMER GOLF CLUB

Thursday 18th December at midday.

We will enjoy drinks and canapés, then a Christmas carvery followed by desserts, tea/coffee and chocolates served to your table so you will only need to get up once ! Bookings are now open.

Please register and pay **\$90 per person** into the Club Account by 11th December.

Please also let me know of any special dietary requirements. Lots to look forward to in our very active club

Megan Hartnell

Social Convenor

Mobile: 0402 102 055

Email: megt11@bigpond.com



Christmas Lunch

Canapes and beverage on arrival

*Lemon and rosemary turkey breast
Roasted pork loin with apple sauce*

*Duck fat roasted chat potatoes
Charred broccolini and green beans
with toasted almonds and lemon
Prosciutto wrapped baby carrots
with maple*

*Prawn, peach and goat's cheese salad
Pumpkin, cranberry and pistachio
salad
Beetroot, balsamic fig, orange, fetta
and walnut salad*

*Individual Christmas pudding with
vanilla bean ice cream
Lemon meringue tart with berry
coulis, cream and raspberries*

Tea, coffee and chocolates

\$90 pp



TOURS (DAY EXCURSIONS)

Geoff Jones (0412 420 213)

Mike Hartnell (0419 717 382)

SEPTEMBER MAGICAL MYSTERY \$2.50 OPAL CARD TOUR

On a stunning Sydney day 7 of us set off by bus to Chatswood then train to North Sydney. After stopping for coffee we visited the Royal Art Society of NSW Gallery where (thanks to Judee Radford) we were given lots of information about the society, its artists and their paintings.



Next a 5 minute stroll down hill to Wendy Whiteley's Secret Garden which slopes steeply down to Lavender Bay



Wendy Whiteley's house





We exited the garden at Lavender Bay.



Turning left we walked along the water's edge (The Comic Walk) looking out for the small whimsical comic inspired sculptures nestled in the foliage.



We continued our walk till we came to Luna Park and then Milsons Point.



Busker at Circular Quay



Ferry Ride to Manly

At Milsons Point some of our group chose to walk to Milsons Point Station for the journey home. The rest of us took the ferry to Circular Quay where we had something to eat before taking the ferry to Manly and the bus home.

OCTOBER MAGICAL MYSTERY
\$2.50 OPAL CARD TOUR

Thursday 16 October

We will gather in Sydney under the tree of knowledge at 11am for, inter alia, interesting conversation culture and coffee.

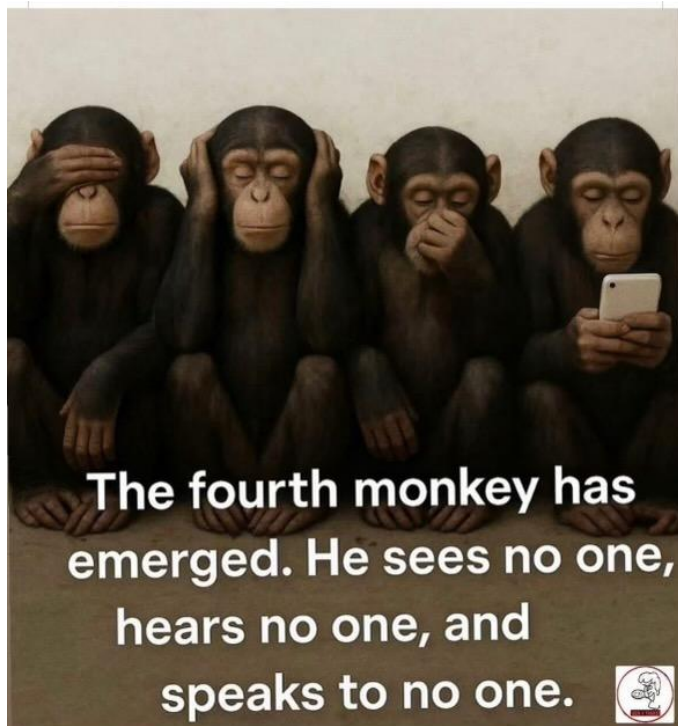
Gentle slope ok for wonky knees.

TTFN+KBO

Geoff Jones

Mobile: 0412 420 213

Email: geoffjones1874@gmail.com



GOSFORD CHOCOLATE FACTORY



We have 22 booked and up to 8 places available for the Gosford Chocolate Factory Tour on **Thursday November 20th**. This is a special High Tea and Factory tour that they have arranged for our Probus Club members. The cost is **\$65 per person** and it looks delicious. Might be some good Christmas presents there.

Some of us will go by car (about an hour from Belrose), some on a car share basis, and it is possible to get there by public transport too from Glenrose (but may take 2 hours).

Book with me by phone or email, or sign up at the next General meeting, unless all spaces are taken.

Normal and vegetarian menus available, but unfortunately no gluten free.

Payment of \$65.00 per person due by October 25 to the club bank account.

Look forward to hearing from you.

Mike Hartnell

Email: mikes@interpeace.com

Mobile: 0419 717 382

Combined Belrose Probus Club Exclusive

Thursday November 20th, 12pm

Explore an immersive world of Chocolate

Luxurious High Tea experience at Gosford Chocolate Factory
6 Jusfrute Drive Gosford



- 20 minute factory tour followed by a 2 hour High Tea experience
- Bubbles on arrival and bottomless tea coffee and hot chocolate during tour
- Savoury nibbles including finger sandwiches
- Fresh scones and cream
- Chocolate dipped strawberries
- Chocolate petit fours
- 2 x chocolate bonbons

\$65 per person

Get there by car, car share, or train and bus plus a 10 minute walk.
More public transport details later.

TOURS (LONG STAY)

Mike Hartnell (0419 717 382)

Ted Morton (0412 235 400)

ZIG ZAG RAILWAY/MUDGEE TOUR 11th to 14th OCTOBER 2025

Our Zig Zag Railway and Mudgee trip is ready to go in October. Final details on pickup will come by email, but it will be Hews Parade, Belrose and might be early as we have a big first day.

Any questions, contact me

Mike Hartnell

Email: mikes@interpeace.com

Mobile: 0419 717 382

TRADE TRAVEL



QLD SOUTHERN OUTBACK TRAIL

I am pleased to report that we have 29 expressions of interest for this tour. This means that we will have our own Club dedicated tour. We now have some say over the tour itself. The original tour has everyone flying to Brisbane on day one and overnighing in a hotel with the tour itself starting the next day. I am a bit adverse to this as the first day is wasted as far as I am concerned. I have been faced with a difficult choice of the possible options.

The option first was to start the tour in Belrose with a first night in either Armidale or Tenterfield then joining the tour route the next day. Then I found that the Toowoomba Flower Show will be around the time when our tour starts. The Belrose start option does not pass through Toowoomba. So I have had to make a decision about this. My preferred option now is for us to fly to Brisbane in the a.m. instead of p.m. We would then be picked up by our coach and driven up to Toowoomba. We will be able to see some of the flower displays. There is also a Cobb and Co and carriage museum there for us to visit.

Trade Travel has been asked to explore dates and accommodation based on this new start. If timing is actually after the Toowoomba Flower Show finishes we will still be able to see some flowers – just maybe not as glorious as they might have been. I hope you all agree that this will be the better start to our tour. A further advantage is that there will be a shorter drive on Day 2, ie a Toowoomba start instead of Brisbane.

Hopefully I will have the dates for the tour soon so we can all lock it our diaries for 2026! I will be able to obtain the itineraries for our actual tour at that time. I will look into Sydney airport transfers when we have dates.

MY TRADE TRAVEL EXPERIENCE

Judy and myself, together with Robyn and Chris Wood, have just returned home from a tour with Trade Travel called Wimmera, Mallee, Silo Murals, Salt Lakes, Sunsets & Homesteads.

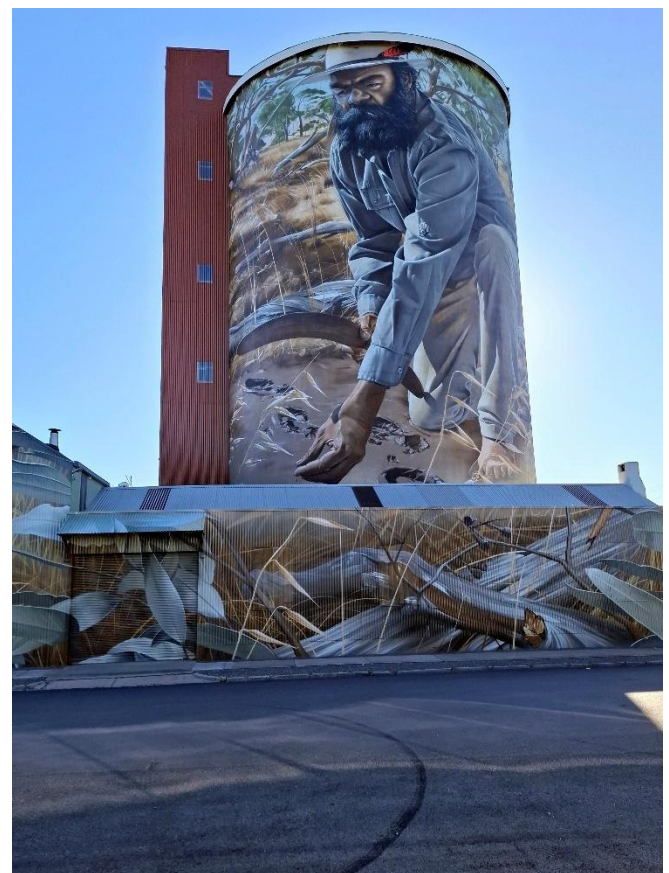
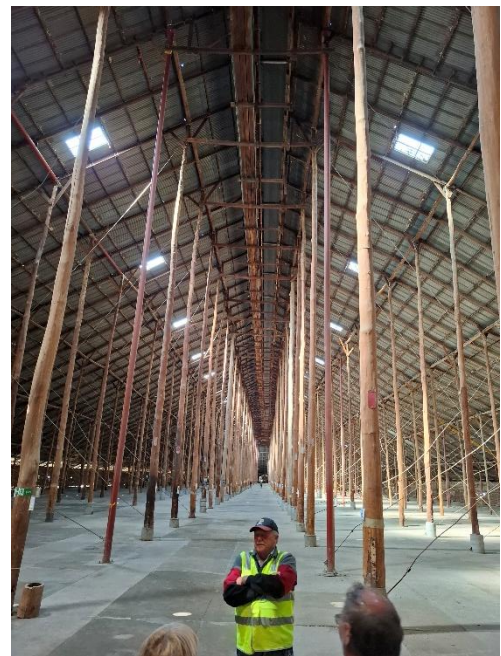
It was a 6 day, 5 night fully escorted tour with 28 travellers. This was a busy tour with an amazing itinerary that had us visiting a great range of destinations including museums, farms and properties, heritage homesteads, a winery, gardens, sunset drinks at a pink lake and many morning teas and meals, often hosted by wonderful local community members. We also saw wall art murals and many decommissioned wheat silos painted with amazing murals.

Overall a great experience with a great driver and host and a chance to meet many other Probus Club members, mainly from Victoria and NSW. The only real hiccup was getting back to the airport for our flight home. The traffic was bad and there was a nasty rear end crash that blocked two out of the three lanes. Also the traffic near the airport was bad. As a consequence me missed our 5.15pm flight but were able to be re-booked on the 6.00pm flight back to Sydney.

Below are some of the photos I took while on the trip.

Ted Morton

Mobile 0412 235 400





WALKING GROUP

Helen Miles (0407 078 963)

OCTOBER WALK

Our October Walk is on **Friday 31st**, an historic walk in the City, and is led by Ted. Meet at the Glenrose bus stop at 9.05am for the 9.14am City Bus. After coffee Ted will lead us on a walk to some significant, historical buildings and sights in the City. There will be the option of lunch in the city for those who wish, before returning home.

Helen Miles

Walks Coordinator

Mobile: 0407 078 963

Email: milesawile@bigpond.com

Don't wash your hair in the shower

(It's so good to finally get a health warning that is useful)

IT INVOLVES THE SHAMPOO WHEN IT RUNS DOWN YOUR BODY WHEN YOU SHOWER WITH IT A WARNING TO US ALL!!!

I don't know WHY I didn't figure this out sooner! I use shampoo in the shower! When I wash my hair, the shampoo runs down my whole body, and printed very clearly on the shampoo label is this warning, "FOR EXTRA BODY AND VOLUME."

No wonder I have been gaining weight! Well, I got rid of that shampoo and I am going to start showering with Dawn dishwashing soap instead. Its label reads, "DISSOLVES FAT THAT IS OTHERWISE DIFFICULT TO REMOVE."

Problem solved!

If I don't answer the phone I'll be in the shower!!!

October Birthdays



2nd Alan Bennett

4th Dennis Miles

5th Malcolm McLean

10th Lyn Cameron

16th Marsha Fordred

17th David Barnes

25th Phil Allan

26th Margaret Knorr

28th Lesley McQuire

30th Kay Tink